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The perception of nursing students' cultural care

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Background: Due to the increasing of cultural diversity among clients' populations, nursing education area is impacted and nursing students were confronted new challenges. Therefore, exploring and preparing nursing students to provide competent care for the increasingly heterogeneous immigrant populations, is an important education goal.

Objective: To explore the perceptions of nursing students' cultural conflicts and adequate cultural care.

Method: Qualitative research method was conducted in this study. A purposive sample of sixteen nursing students was selected to participate in in-depth audio-taped interviews. A semi-structured interview guide was applied to explore and obtain the data from participants. Data were analyzed by applying Colaizzi's (1978) method as a qualitative content analysis.

Results: Nursing students' perception of cultural conflicts and adequate cultural care providing were generalized in 4 themes: (1) cultural care burdens; (2) empathy-same age with caregivers; (3) innovation - multi-culture learning innovation; (4) dilemma of deliver culture care. Nursing students were stressful of lacking skills and confidence in providing adequate care for immigrant patients. Several strategies were used to overcome culture conflicts including the use of relatives, or friends from same home country to interpret, nonverbal communication, gestures and graphic illustrations.

Conclusion: This study indicates the strengths and weaknesses of student nurses in managing the care of immigrant patients, and the need for a background of transcultural nursing. The study indicates the importance of teaching transcultural nursing, cultural diversity, and culturally competent care in professional education programs for nursing students. It should emphasize cultural care knowledge, cultural care skills and communications.

Biography

Hui-Chen Huang is a graduate student of the Graduate Nursing program in the Fooyin University. She is major in the lifelong learning and health promotion. She have had clinic experiences in nursing including as an instructor of nursing interns of the Kaomei Healthcare Junior College and the Hsin Sheng Medical College for 6 years and as a lead nurse at Puzih Hospital for 25 years. These clinical practices enable her to well intergrade in active aging learning and health promotion and future advancement.

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