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Perceptions of physical restraint use on elderly people among nurses in general wards and intensive care units

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Nurses are primarily responsible for patient care and safety. Identification of their perceptions about restraint practices is thus important for raising awareness on this issue. This study aimed to identify perceptions about physical restraint use among nurses working in general wards and intensive care units (ICUs). The study was conducted in a university hospital where a sample of 121 nurses completed the Perceptions of Restraint Use Questionnaire (PRUQ) to evaluate their perceptions of the use of restraint in the treatment of their patients. Higher values indicated that the situations described were considered an important justification for using physical restraints. The overall mean score for the PRUQ was 4.57. Nurses identified treatment interference as the most important reason for restraining a patient and substituting for staff care as the least important reason. In addition, there was a significant relationship between the perception of using restraints in general wards and ICUs. It was noted that the nurses reported that using restraints in ICUs was more common than in general wards. According to these results it became clear that the nurses need to consider it important to plan individualized nursing care for patients who need to be restrained and to provide sufficient information to them and their families about the safety features of the practice.

Biography

Turkan Karaca has completed his PhD at the age of 28 years from Hacettepe University and postdoctoral studies from Hacettepe University, Fundamentals of Nursing. She has worked as an assistant professor in Adiyaman University, School of Nursing since 2014. She is an academic nurse in university and studies on clinical researches. The research field is stoma care, wound care, restraints, adult patients, intensive care, general wards.

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