

23rd World Nursing and Healthcare Conference

July 10-12, 2017 Berlin, Germany

Assessment on long-term care potential among patients in discharge – Planning Program –in a Regional Hospital in Eastern Taiwan

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The purpose of medicine advancement is for a healthier and longer life. Long-term care development in Taiwan needed to stress not only on prolong life, but also on care quality. Prevention play a important role on long term care policy. The purpose of this study was to explore the potential long-term care needs for clients in discharge planning program. This study adopted a cross-sectional design, and a purposive sampling technique was used. patients who are more than 40 years old were recruited from medical and surgical ward. The Japan's Kaigo-Yobo checklist and chart review were used to collect relevant data. 104 clients were recruited with mean age 65.2 ± 12.3 years. 84 participants (81%) were indicated as LTC risk in potential. Among the 84 participants (81%), 31 (30%) participants were on the domain of activity and exercise needs, 27 (26%) participants were at the risk on general LTC needs domain. The collected data were analyzed by Logistic regression analysis. The results showed that the factor of individuals' social-economic status and their potential LTC needs were significantly corrected. The relatively risk on LTC potential of individuals with low socio-economic status was 6.3 times higher than the individuals with high socio-economic status. The Japan's Kaigo-Yobo checklist is a screening tool, which is used to early detect LTC risks. This study tried to apply a more holistic screening tool on clients who discharged from hospital services and we hope this tool could play a major role on early detected LTC potentials and provide a better prevention program.

Biography

I work in Mennonite Shou-feng Nursing Home which I work for around 18 years. My working experience including medical care and long term care nursing. I'm interested in long term care field. I got a master degree from the institute of Long-term Care at National Taipei University of Nursing and Health Sciences in 2015.

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