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Experience in the application of perioperative nursing care methods for woman with pelvic organ prolapses receiving pelvic reconstruction surgery

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Perioperative nursing method is an important concept for operative nurses who aim to provide a holistic care to the patient, from preoperative, intraoperative to postoperative periods. In this article, we applied this method to attend to a 63 years old women diagnosed with uterine prolapse with cystocele and underwent pelvic reconstruction surgery. We attended the patient from the 8th of September 2016 to the 11th of September 2016, and we collected the patient's data via interviews, observations, and thorough communications. The author applied the Gordon 11-item health assessment scale to identify potential nursing issues. Nursing diagnoses included: Anxiety in preoperative, risk of urinary retention and infection, risk of perioperative positioning injuries in intraoperative, and knowledge deficit in postoperative. In addition, cultural beliefs influence the perception of disease in Asian women significantly, especially those with gynecological diseases. Therefore, in addition to monitoring the psychological condition and providing mental support to the patient in preoperative, perioperative nursing methods also provided the patient and her family with knowledge of the disease, and information on the surgery procedure to reduce preoperative anxiety. Intraoperative nursing is to prevent harm and risk as a direct result from surgical procedures, operation room environment and equipment. Postoperative nursing offered knowledge for patient care after the surgery and daily care after discharge. The purpose of this article is to emphasize on the importance of perioperative nursing and facilitate nurses to exert their professional perspectives in order to achieve the goal of holistic and personalized healthcare for each individual.

Biography

Yu-Shan Kung has completed her Post-graduated Diploma from Queen's University, Belfast. She is an Operating Room Registered Nurse in Gynecological and Obstetrical Operating room in Taipei Veterans General Hospital, Taiwan.

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