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Strategy of improving the clinical competence of community psychiatric mental health therapeutic relationship of nursing college students in practicum of psychiatric nursing

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Background: Owning good therapeutic relationship skill is the basis of taking good care of psychiatric patients in community. Necessary teaching strategies to enhance nursing college students in practicum of psychiatric nursing would help students build good therapeutic relationship.

Purpose: The purpose of this study was to strengthen the students clinical competence of community psychiatric mental health therapeutic relationship, we used the practical ability indicator of mental health nursing evaluation for college nursing students.

Design: Educational action research design and qualitative study were applied in this study from 2014 to 2015. 24 participants of the study were our fifth grade nursing students who were taking psychiatric nursing practicum. History story cards of the community psychiatric patients were designed to reduce anxiety when approaching the patients, and to inspire students' self-awareness, empathy and positive attitudes, furthermore, to enhance student's skill of good therapeutic relationship. The Republic of China Psychiatric Mental Health Nursing Association of mental health care assessment of the eight essential items was an indicator, with the informed consent of the 24 participants which were observed through their homework, like process recording, nursing care plan and reflection diary.

Main findings: Nursing college students's skill of therapeutic relationship are at the degree of either novices or advanced beginners according to Dreyfus model.

Conclusion & Recommendations: To abandon bad impression on the community psychiatric patients is an important factor to establish good therapeutic relationship. Good teaching strategies can reduce college nursing students anxiety when approaching community psychiatric patients.

Biography

Hsuan-Yu Chen has completed her Master's from Chang Gung University. She is the Instructor of Cardinal Tien Junior College of Healthcare and Management, New Taipei city, Taiwan. Her research major is mental health, psychiatric nursing, and she has published some papers in journals.

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