

# 20<sup>TH</sup> WORLD NURSING EDUCATION CONFERENCE

May 22- 24, 2017 Osaka, Japan

## Nurse caring for end of life patient and family in intensive care unit

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The end of life care needs is increase in Intensive Care Unit while the high usage of advance technology to enhance the quality of nursing care and to prolong life. Intensive Care Nurse is the primary caregiver who care for patient and family at the end of life. The Nurse experience caring patient at the end of life is needed as a reference in providing better care. Many Studies identified that nurses expressed distress because of patient dying and family. In otherwise nurses expressed satisfied because of they can provide caring for patient and family in the end of their living. This study was a descriptive phenomenological study of nurse's experience caring for end of life in intensive care unit in Al Islam Hospital, Bandung, Indonesia. The interviewees include 4 women and 3 men and they have work experience more than two years in Intensive care setting. Nurses shared their experiences of end of life care during in-depth interview with audio recorder. Data were analyzed using Colaizy method. Three themes emerged from this study: The life and death are in the hand of God; The dilemma between giving the best care and discontinuing life support; Accompany patient and family. The result of this study have the potential contribution to a new understanding of nurse caring for end of life patient and family and so enhance nursing care.

### Biography

Alfia Safitri has completed her Bachelor Degree at the age of 24 years from Muhammadiyah University of Yogyakarta. She is a master student in Padjadjaran University, Bandung, Indonesia. She is a lecture in the College of Nursing, West Tenggara, Indonesia. She is an awardee of Educational Institutions Fund Manager, Ministry of Finance, Indonesia.

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