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Hassaan Tohid
University of California, USA

Case Report: Suicide of Robin Williams the actor?

Introduction: The world renowned comedian and four-time Oscar nominated actor Robin Williams died on August 11, 2014. From the outset, the news indicated that his death was believed to be a suicide and this was later confirmed to be true by the autopsy reports. Williams had been suffering from severe depression, which is believed to be the leading contributor to his suicide. In this case study, I will highlight the event of the actor's suicide and the main risk factors along with depression leading to his tragic death. As of the end of 2015, no other case study seemed to have addressed or explored the links between the cause (or causes) and events leading to Robin Williams' suicide. Case description: Robin Williams was suffering from relationship problems, financial problems, drug addiction, and major depression. All of these factors led to his suicide. Comments: The chances of committing suicide drastically increase in the presence of any of the key risk factors. Unfortunately, the actor Robin Williams was dealing with four of the major risk factors all together, which put him at a high risk of committing suicide and eventually led to his tragic death.

Biography

Hassaan Tohid is a neuroscientist, public speaker, medical professional, researcher, book editor and a published author. He served as a member of American Neuropsychiatric Association and is currently also a Leadership Council member for American Cancer Society. Dr. Tohid currently serves as an editorial board member for around 30 scientific peer- reviewed journals and editor in chief for another scientific peer reviewed journal. His research interests include: human behaviour, behavioural neurology, neuropsychiatry, general psychiatry, human psychology, neurology and clinical neurosciences. Neuroimaging, fMRI, EEG, denial (defence mechanism), Epilepsy, Psychogenic seizures, Neurodegeneration, Mirror neurons, Autism and autism spectrum, Psychosomatics, Psychodermatology, Neurosurgery, Cultural psychiatry, Social psychiatry, Different techniques of neuroimaging, Nanotechnology and its relevance to neuroimaging, Psychopharmacology, Anti-GAD syndrome and Stiff person syndrome, Schizophrenia, Psychosis, Dissociative identity disorder, Alzheimer's Disease, Parkinson's Disease, Amyotrophic Lateral Sclerosis and Stroke. After graduating from Sindh Medical College, Karachi (Dow University of Health Sciences, Karachi, Pakistan) as a medical doctor. He then moved to the US and started his career as a researcher in neurology & psychiatry. He gained experience from the prestigious institutions like UCLA & the University of California, Davis (UC Davis) and still serves as a visiting neuroscientist at the Center of Mind & Brain (UC Davis). He is also involved in various research projects nationally and internationally in the countries like Australia and England.

hassaantohid@hotmail.com

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