

6<sup>th</sup> International Conference on

# Clinical & Medical Case Reports & 11<sup>th</sup> Global Healthcare & Fitness Summit

October 16-18, 2017 San Francisco, USA



## *Richard E Klein*

*Michigan Head & Neck Institute, USA*

### **Better awareness, better treatment for TMD and OSA**

A worldwide under-diagnosis of TMD and OSA has created an enormous health problem that could easily be better controlled by enhancing understanding of the signs, symptoms and effects of both TMD and OSA disorders. Everyone at this conference should be able to recognize the multiple possible deleterious situations that are not traditionally associated with TMD or OSA, and how certain medical concerns can pertain to various treatment options? Importance must be stressed on finding the source of the dysfunction and not just treating the symptoms. Treatment is successful only when the impairment and dysfunction abate, not when the symptoms improve. With this knowledge, conference attendees will be able to help countless individuals live healthier, longer, and more productive lives, while creating a scenario of interest with other physicians who they associate with, or know on a personal level. TMD is not a disorder that only affects the jaws. OSA is not a disorder that only affects overweight males. Stereotypes must be eliminated and minds must be opened to new treatment possibilities. A symbiotic relationship between physicians, sleep professionals and dentists can significantly improve the overall health and longevity of millions of people each year.

### **Biography**

Richard E Klein is a Clinical Professor at Michigan State Medical School, has lectured over 500 times in multiple countries about TMD and OSA. He has also written numerous articles to promote awareness of these disorders. Most notably was his contribution to The Anthology of Craniomandibular Orthopedics, in which his chapter was titled Radiology and Electromyography of TMJ Pathogenicity. He is the creator of the OSA educational model, invented and patented in 2009. Over the last 2 decades, he has been an Appointed Board Member to the American Academy of Craniofacial Pain, and the American Sleep and Breathing Academy. He has been awarded commendations from four Michigan governors: Milliken, Blanchard, Engler, and Granholm. Most recently, he has collaborated with US Congress members in Washington DC to raise awareness about OSA in transportation industries.

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