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Chest

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Early mobilization of the ventilated patient: The when, how, why and impact

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Objective: This presentation aims to highlight the evidence based practice regarding early mobilization and implementation of this for greatest efficacy and efficiency across the continuum of care in a developing health system.

Content: Effects of immobility, notably for the cardiorespiratory system; Effective and efficient evidence based safe mobilization practices; and impacts for the patient, the healthcare facilities and healthcare system.

Conclusion: Conclusions will be drawn regarding the current challenges faced in implementation in practice and recommendations for implementation in a developing health system.

Biography

Deborah Pierce has obtained a Bachelor of Health Science in Physiotherapy from Auckland University of Technology, New Zealand and has recently (2016) attained her Master's in Business Administration (Health Management) from the University of Tasmania, Australia. She has spent over 8 years in tertiary acute care settings, specializing in Critical Care, Neurorehabilitation and General Medical Rehabilitation. She has joined Amana Healthcare as a Team Leader for Rehabilitation in 2013. She acts as a HAAD Examiner for the physiotherapy profession and is CPHQ certified for her commitment to quality service provision and the progression of rehabilitation in UAE.

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