

9th International Conference on

Nephrology: Kidney & Therapeutics

September 29-30, 2016 Orlando, USA

The psychosocial impact of kidney diseases and its influence factors on the treatment outcome

Emilda Judith Ezhil Rajan

Sri Ramachandra University and Medical Center, India

Disease of the Kidney has a large impact not only on the physical condition of the patient but also on the psychological and psycho-social dimension of their life. It is more variedly intrusive to an individual as it requires a major lifestyle change that is to be brought about aggressively for one to cope with the treatment process, its recovery and maintenance. The resultant psychological entities have shown to have a marked effect on the individual's treatment outcome. The increase in psychological distress has indicated changes in key physiological aspects of individual's with kidney disease. Depression, anxiety, illness intrusiveness with combined impact on the quality of life of individuals with kidney disease has shown to have marked variations in the physical out of treatment for kidney disease. This is most of them the result of inability to adhere to the lifestyle changes and develop adaptive behavior and coping mechanisms that can ease the process of treatment and provide an healthy transaction as to living with kidney disease and avert the fast progression of the resultant decline of the individual's health resulting from the treatment plan for the kidney disease. Further studies must focus on developing an effective plan of care process and identification and early intervention of psychological and psychosocial aspects of kidney disease along with the medical regimen that the patient is to follow.

Biography

Emilda Judith Ezhil Rajan has completed her M.Phil in Clinical Psychology in Sri Ramachandra University. She is currently perusing her Ph.D. in profiling the psychological and the physiological indicators in ESRD patients. Currently she is working as a Clinical Psychologist in Sri Ramachandra University, her area of work is in Behavior analysis and therapy with focus on Cognitive Behavior Therapy, and has over five years of experience in these areas. She is part of the Transplant team specific to Liver and Kidney Transplant and also member of the Quality Cell of the University and Medical College

emildajudith@yahoo.com

Notes: