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Retroperitoneal gossypiboma

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Therapeutic management of obesity includes exercise, a balanced diet, and healthy living habits. In addition, acupuncture can also be used as an adjunctive treatment for obesity. Acupuncture therapy in body weight reduction (BWR) in obese patients is approved. But there are more effects than BWR. This therapy is affecting glucose metabolism which is measurable with HbA1c levels before and after the acupuncture therapy for obesity, periodically. The novel study is reduction on HbA1c levels on patients coming for weight loss therapy in acupuncture clinic. Weight, BMI and HbA1c levels were measured both before and after the full course of acupuncture treatments for comparison. Comorbid conditions that influence the development of obesity such as diabetes, age and postmenopausal state were reviewed. Results confer reductions in weight, BMI and HbA1c levels after 20 sessions acupuncture therapy for obesity.

Biography

Zafer Demirer has completed his MD from Gulhane Medical Faculty, School of Medicine and Post-doctoral studies from Gulhane Medical Faculty, School of Medicine. He is the Director of Eskisehir Military Hospital. He has published more than 20 papers in reputed journals. Also, he has published 5 articles about kidney disease.

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