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Sports nutrition at The Ohio State University: Performance nutrition- Healthy eating as an extension of your training

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Sports nutrition is a dynamic profession that is becoming an essential part of the collegiate athletes training protocol. The Ohio State University has become a leader in responding to the nutritional needs of the collegiate athlete. As the essential research continues in the sports nutrition field, the Sports Nutrition Team at OSU works diligently in the trenches with the athletes to help them perform at an elite level. The availability of nutritional food, rigorous athletic and academic schedules, lack of sports nutrition education and dealing with independence when making choices are the reality when working with the collegiate athlete. This oral presentation presents a look of the growth of sports nutrition on the collegiate level.

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Race, Islamophobia, and U.S. sporting cultures: The case of South Asian America

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As sport has often been problematically legitimated as a site structured only through meritocracy, the lives of the athletes and their experiences of marginalization, exclusion, and violence are glossed over. This talk derives from my book, *Desi Hoop Dreams: Pickup Basketball and the Making of Asian American Masculinity*, and critically looks at the lives of South Asian American men and their co-ethnic sporting cultures. Through the venue of basketball and American sport, we can decipher the parameters of citizenship and racialized politics of exclusion. While these young men of various religious backgrounds are interpellated as “Muslim-looking” and “terrorists,” their lives on the sporting courts demonstrate their challenge to that stereotype. In the process, the young men’s sporting pleasures unpack the racial politics of sport while showing the policing of citizenship both in the nation and in diasporic communities. In a moment of the heightened “global war on terror” and the rise of Islamophobia, this talk normalizes and illustrates the diversity of Muslim American lives.

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