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Clavicle fracture update: Treatment of sport-related clavicle fractures & injuries of the AC joint

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Clavicle fractures and acromioclavicular (AC) joint injuries are incredibly common in both contact and non-collision sports. Historically, many of these injuries were treated conservatively but emerging data over the past 5-10 years has led to greater controversy in selecting the optimal treatment of these injuries in high-level athletes. We will present a case-based discussion and review of the literature with emerging research on the treatment of clavicle fractures as well as AC joint injuries. The interactive format will allow reviewing the diagnostic studies of choice, evidence-based surgical indications, and emerging surgical techniques. Potential complications and clinical outcomes of operative and non-operative treatment will be reviewed.

Biography

Jonas R Rudzki serves on the Evaluation Committee of the American Academy of Orthopaedic Surgeons and the AAOS Board of Councilors. Active in the evaluation of current research, he serves as a Consultant Reviewer for the *American Journal of Sports Medicine, the Journal of Shoulder & Elbow Surgery, the Journal of Bone and Joint Surgery, and the Journal of Knee Surgery.* He completed his fellowship on the Sports Medicine & Shoulder Service at the world-renowned Hospital for Special Surgery in New York after his residency at the Barnes-Jewish Hospital of Washington University in St. Louis, Mo, USA. His research interests include rotator cuff injuries and surgical repairs, shoulder injury in overhead athletes, clavicle fractures, cartilage biology and transplantation, and trauma outcomes research. He is currently a Member of the American Shoulder and Elbow Surgeons, American Orthopaedic Society for Sports Medicine, and the American Academy of Orthopaedic Surgeons.

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