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Hand of excellency in sport (concept, theories and tools of measuring)

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Hand of Excellency is one of human features that are defined as the unequal distribution of proper motor skills between left and right hand. The excellent hand is a vague term and can have different meaning for many of people. Most people in our society define the excellent hand as a hand used for writing. In academic societies, the vagueness of this term has caused many discussions. In investigation of the effective elements that cause the Excellency and dominance of one organ over the other organs, many studies and researches from the past have been proceeded that in this research, it is tried that some of them be implied. the aim of this research, is stating of concept and theories and the advantages of hand of excellency that can have many effects in sport, the theories of hand of excellency include of theories of bio-knowing, bio- environmental theories, meta sound theory, theory of being heritage of hand of excellency, theory of social pressure of parents and sociology theory of hand of excellency. Finally, the tools of measuring of hand of Excellency state that each person with this test can find that in which one of the groups of hand of Excellency is located. The new theories of hand exceling view in the different manner the hand of Excellency. The new view is that the hand of Excellency is not only the simple Excellency of one hand because both hands work with each other in many skillful and precise works. excellent hand in daily life, sport, work and ... can be more important because based on the proceeded researches, many of objects are built for right – handed that this matter may be stressful while using of that object for left – handed. Yet in many of cultures, strongly, being right handed is encouraged.

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