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## Moving stories: An innovative approach to developing and enhancing physical literacy in early year's education

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The development of physical literacy among children is an area of continued focus as it is currently regarded as a key element in establishing the foundation for a lifelong participation in sport and physical activity. It has also been highlighted that the inconsistency of effective delivery of these skills in early year's education combined with a lack of free play and access to the outdoors among children reduces the likelihood these will be developed to their full potential. It is therefore essential that innovative ways of enhancing physical literacy are developed in order to reduce the risk of the emergence of new generation of children who are less physically active and less physically educated. The purpose of this study was to introduce and innovate the delivery method linking both literacy and physical literacy in 3 primary schools, where selected children's stories were taught through the use of movement with the aim of enhancing fundamental movement skills. The findings concluded that the teachers regarded the teaching approach one which not only enhanced movement skills and engagement among the children but also increased the awareness of their importance. As an educational tool the moving stories offered potential new opportunities to link subjects and topics on the curriculum with physical education.

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