

3<sup>rd</sup> International Conference on

# SPORTS MEDICINE AND FITNESS

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## Beginnings and development of sports sciences in Czechoslovakia 1918 – 1938

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In 1918 within the new arrangement of the Central Europe was established Czechoslovak Republic and in the same year a new science of motion has begun to form. The main founder of this science became Dr. Charles Weigner, a professor at Charles University, head of the Institute of Anatomy, which in 1937 became rector of Charles University. Professor Karel Weigner as physician emphasized the importance of health physical education and sport. He is also credited for the development of sports medicine, which emphasized medical examinations of athletes, as well as children and youth in schools.

### Biography

Dr. Marek Waic has completed his graduation in history at the Faculty of Arts at Charles University and completed his PhD from the Faculty of Physical Education and Sport in 1990. In 2007. He was appointed as professor and head of department, Kinanthropology and Humanities. In the years 1996 - 2004 he lectured at German University of Sport and universities in Freiburg, Munster, Hanover and Göttingen. He is the principal author and co-author of 8 monographs and more than 40 articles in Czech and German Scientific Journals.

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