

Effects of c9, t11- and t10, c12- conjugated linoleic acid on 3T3-L1 adipose cell culture: Novel fatty acid metabolites and lipogenic gene expression

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Adipose tissue is an active regulatory tissue producing cytokines with immunomodulating effects that can be influenced by fatty acids (FA). Conjugated linoleic acid (CLA), with c9,t11-CLA being the predominant isomer in ruminant products, and t10,c12-CLA largely of industrial origin, purportedly have substantial anti-artherogenic, anticarcinogenic and anti-obesity effects. The fate of CLA's has not been investigated in adipose tissue, prompting investigations into effects on the FA profile. Mature 3T3-L1 cells were incubated with 70µM c9,t11-CLA, t10,c12-CLA or 18:2n-6. Gene expression ($\Delta\Delta Ct$) measured by rt-PCR at 48h and normalised to 18:2n-6 indicated both CLA isomers slightly increased PPAR γ expression, which correspondingly induced a 1.7 and 2.4 fold increase in adipose FA binding protein (AFABP) expression for c9,t11- and t10,c12-CLA respectively. Expression of FA oxidase (Acox1) and leptin were increased more by t10,c12-CLA, corresponding to increased lipid mobilization and catabolism, whereas increased monocyte chemotactic protein (MCP-1) expression may be indicative of an inflammatory stress response to FA oxidation. Lipid profiles of cells harvested at 144h were analysed by GC-FID, and FA with conjugated bonds were separated and collected by Ag⁺-HPLC then analysed by GC-MS-EI to identify novel metabolites. Cultures incubated with c9,t11-CLA and 18:2n-6 had similar lipid content, whereas t10,c12-CLA induced a two-fold reduction. Conjugated diene metabolites with 16-, and 20-carbons were identified for c9,t11-CLA, similar t10,c12-CLA metabolites were also present, along with a 14-carbon diene. Previously unreported conjugated trienes assumed to be c6,c9,t11/c6,t10,c12-18:3 and c8,c11,t13/c8,t12,c14-20:3 were identified. Possible secondary effects of CLA isomer metabolites on gene expression of adipocytes require further investigation.

Biography

T.D. Turner performed the work with AAFC on a Visiting Fellowship funded by the Alberta Livestock and Meat Agency (ALMA) and current post-doctoral work is funded by Thompson River University. His work has focused on animal nutrition and lipidomics towards the nutraceutical properties of animal products, including over 20 peer-reviewed publications.