

2nd International Conference on**ADVANCES IN SKIN,****WOUND CARE AND TISSUE SCIENCE**

November 9-10, 2017 | Frankfurt, Germany

INTEGRATIVE MEDICINE: ROLLE IN THE PREVENTION RISK FACTORS OF BLOOD VESSELS DISEASES**Jasmina Begic^a**^aUniversity Clinical Center of Sarajevo, Bosnia and Herzegovina

Introduction: Chronic Wounds are a major problem to patients and health care systems. The number of people with wounds will continue to increase due to changing demographics and an expected rise in the number of people with chronic diseases. Risk factors for blood vessels diseases (obesity, sitting style of life, tobacco, stress) caused venous stasis, tissue hypoxia and blockade of fibrin. Normal blood circulation is very important for not only the strong body but also the vigorous spirit.

Aim: Aim is to appliance Integrative medicine to prevent risk factors for blood vessels diseases, promotion Health style of life and prevent Pressure ulcers at the patients of third life age in the postsurgery management.

Method: Appliance Acupuncture like holistic treatment by stimulating the body's homeostatic adjustment mechanism, Qi Gong to restore harmony of mind –body and Tuina for the specific musculoskeletal disorders and chronic stress –related disorders.

Results:

1. Improve the health care
2. Investing in sustainable health system
3. Investing in people's health as human capital
4. Investing in reducing health inequalities
5. Improve Quality of life of patients and their family

Conclusions:

1. International cooperation
2. Clinical studies and participate in International Clinical research
3. Integration in the Clinical practice, education, scientific research, Academic groups and individuals
4. Collaboration with EU Association for Integrative Medicine and participate in the EUROCAM Program.
5. Stanadrdisation program of Integrative medicine between: EU, P.R.China and Countrys of Western Balkan.

Notes: