The journey of a researcher in a diabetes clinic: Expectations vs. reality

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In theory, conducting robust clinical research is a matter of developing a strong proposal and following it through. However, the reality of conducting a research is a complicated process involving many obstacles that challenge the researcher from start to finish. In this paper we aim to reflect on our experience conducting our study and describe the challenges we came across throughout the study and how we were able to manage them. We provided a brief overview of our study’s design and location and pragmatically discuss the challenges as they arose.

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