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## NUTRITION IN MEDICAL EDUCATION

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Generally, Nutrition is under presented in medical education. Nutrition did not exist in medical education till late nineties, when the Medical School of North Carolina University, USA had launched its nutrition course into the medical curriculum. Afterwards, several medical schools took the courage to do the same in their teaching program. In this article, we are going to put guidelines of teaching nutrition through a structured module in medical education. This module comprises the nutrients and their daily intake, different methods of nutritional assessment, in addition to the types of nutrition: enteral & parenteral feeding, highlighting their indications, routes, formulas and complications. This study set a platform module for nutrition in medicine in general, more specifically in the surgical course. It can be applied, modified and easily updated in the process of medical education.

### Biography

Ahmed Makki works as an assistant professor of surgery at medical school- department of surgery. He works as examiner of the royal college of surgeons in Ireland. I.D. 2121, Examiner of the royal college of surgeons of Edinburgh. I.D. 2121, fellow of the royal college of surgeons of Glasgow and fellow of the royal college of surgeons of England. He has several credentials like membership of the royal college of physicians & surgeons of Glasgow.

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