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A review of patients in a psycho-sexual clinic in the UK- How strong is the relationship between psycho-sexual problems and a history of sexual abuse or assault?

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The notes of 100 patients who attended a psycho-sexual clinic in the UK, between 2011 and 2013 were analysed and the frequency as a percentage, with which sexual abuse or a sexual assault was disclosed, calculated. Patients with an obvious physical cause for their psycho-sexual problems, such as Diabetes were excluded. Patients presented with a wide range of psycho-sexual problems and the relationship between sexual abuse/ assault and the specific type of psycho-sexual problem was also explored. The results would support more financial investment into initial counselling and domestic/ sexual violence services to prevent the development of serious long-term psycho-sexual sequelae which are very costly to treat, both in terms of finance and clinic time.

Biography

Lucy Love has been a Forensic Medical Examiner for 15 years and a Psychosexual counsellor for 13 years. He is presently the Clinical Director of G4s Forensic and Medical Services and run a weekly Psychosexual Clinic within the NHS. He has written and published papers both in Forensic medical and Psycho-sexual journals.

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