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Depression in HIV infected patients**Dike Chidi Clement**

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Human immunodeficiency virus is the causal agent of the dreaded disease, AIDS with hundreds of thousands of new cases per year. Infected individuals are faced with a myriad of challenges in a world that is hostile and unsupportive. Amongst the many problems faced by PLWHA is depression. Depression a psychiatric disorder associated with low self esteem and a feeling dejection. We found that depression is more common in females with HIV than males. When compared to prevalence, it is higher in white females (56%) than black females (34%) have recently emerged as a significant factor in management and prognosis of HIV. In the medical management of HIV more emphasis is placed on the highly active antiretroviral therapy while by passing other treatment modalities which might have synergistic effects. This unfortunate scenario is so because there are few established guidelines for identifying and treatment of depression in PLWHA. However, further studies would go a long way to improve understanding other implicated variable.

Biography

Dike Chidi Clement is the Medical Officer in-charge at the IMO state polytechnic orlu campus medical Centre, he is also the Medical Director Sancta Maria hospital orlu. He has interests in research and has an MSc in clinical pharmacology.

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