

# 3<sup>rd</sup> International Conference on **HIV/AIDS, STDs & STIs**

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## Depression in HIV Infected Patients

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Human immunodeficiency virus is the causal agent of the dreaded disease AIDS with hundreds of thousands of new cases per year. Infected individuals are faced with a myriad of challenges in a world that is hostile and unsupportive. Amongst the many problem faced by PLWHA is depression. Depression a psychiatric disorder associated low self esteem and a feeling dejection. We found that depression is more common in females with HIV than males. When compared for prevalence, is higher in white females (56%) than black females (34%) have recently emerged as a significant factor in management and prognosis of HIV.

In the medical management of HIV more emphasis is placed on the highly active antiretroviral therapy while bypassing other treatment modalities which might have synergistic effects. This unfortunate scenario is so because there are few established guidelines for identifying and treatment of depression in PLWHA. However further studies would go a long way to improve understand other implicated variable.

## Biography

Dike Chidi Clement born on 17th may 1982 attended ikenegbu primary school from 1987 to 1992 and secondary education at government secondary school Owerri from 1992 to 1998. He studied medicine at IMO state university Owerri graduating in 2010. He was Masters student in clinical pharmacology at the Nnamdi Azikiwe university awka and presently working as a medical officer at the IMO Polytechnic Umuagwo Medical Centre.

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