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Triple ABC technique in clinical assessment in breast cancer diagnosis

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Triple assessment is the standard assessment for breast cancer diagnosis. This includes: Clinical examination, radiological assessment and pathological assessment. Clinical examination remains the corner stone in diagnosis around the world as it is cost effective, in contrast to radiological assessment and pathological assessment and it can be easily learned and applied anywhere anytime. But unfortunately there is no standardisation of this clinical assessment. In this paper we have devised a standard method called TRIPLE ABC METHOD for clinical assessment.

For early diagnosis of breast cancer our TRIPLE ABC assessment can be easily learned and applied by beginner and expert Surgeons. TWO ABC's are completed in examination for both sides of breast with the following technique: A-AXILLA examination, B-BREAST examination and C-CERVICAL (neck) examination. The THIRD ABC is completed using the following technique: A-ABDOMEN examination, B-BONES examination and C-CHEST examination. For easy recall, each A, B and C are given 5 Sites Of specific Examination LIKE A5, B5, C5 which will be discussed in detail in this paper. This completes the TRIPLE ABC technique.

Biography

Prof. Sribatsa Kumar Mahapatra and Prof. Brajamohan Mishra both are working as professor of general surgery at V.I.M.S.A.R. Burla with teaching, treating and research activity in a busy 1000 bedded institute hospital.

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