

Global Cancer Conference & Medicare Summit

September 15-17, 2014 Hyderabad International Convention Centre, India

Ethics, spirituality & palliative (medical) care

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Health is defined along with anatomical, physiological wellbeing, spiritual & social wellbeing as well. The medical fraternity rarely utilizes this parameter in conventional practice. The care in the palliative set up is an ideal example of spirituality. Spiritual people are found to be living longer. A study has shown advance cancer lungs patients do have longer survival who leads a spiritual way of living. Spirituality when defined is not a religion, but a divine way of living with restraints and restrictions in our day to day life. It is same for every human beings irrespective any religions. This brings a lot many physiological changes in our hormonal & endocrine system giving a healthy life. To cite a few; memories, pulse, BP, insulin secretions etc. are to a great extent remain in control. Palliative care aims at alleviating symptoms, pain, and suffering; boosts immunity. This can be achieved with compassion & empathy in a spiritual atmosphere. In the conventional medical care, in cancer patients we aim at adding days to the life, whereas palliative care; adds life to the days of the pts. Hence spirituality & palliative care are not alternative but complementary to each other. Spiritual changes are to be brought in the life style and society to make people healthier.

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