

# 4<sup>th</sup> World Congress on Cancer Science & Therapy

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## Low rectal cancer: Still a challenge for surgeons

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The lecture will discuss the various options for management of low rectal cancers and highlight the advantages and drawbacks with these procedures in accordance with the evidence available in the world literature. In spite of advances made in various surgical fields, low rectal cancers continue to pose a challenge for a surgeon. No doubt now the rate of permanent stoma has come down and more and more patients with low rectal cancers are treated with sphincter conserving procedures. Apart from psychological setback, stoma itself is associated with various complications. Low and ultra low anterior resections are not without problems. Anterior resection syndrome is a complex of symptoms which has been reported with various degrees of severity up to 50% of patients undergoing sphincter preserving operations. Infact sometimes these can be so distressing that both surgeon and patient repent on their decision and in certain circumstances one is compelled to convert to permanent stoma. Therefore the author will try to explain the importance of proper decision making and discussion with the patient in detail about pros and cons of both these procedures before selecting the type of operation keeping in view the various risk factors for tumor recurrence and anterior resection syndrome.

### Biography

Nisar Ahmad Chowdri is Professor & Head, Colorectal Division; Department of General and Min Access Surgery at Sheri Kashmir Institute of Medical Sciences, Srinagar, India. He is the Founder Chairman of J&K State Chapter of Association of Surgeons of India, Governing Council member, Association of Surgeons of India, Jt Academic Convenor: Association of Colon & Rectal Surgeons of India (ACRSI), Vice President: Association of Colon & Rectal Surgeons of India (ACRSI), 2010-11, Vice President: International College of Surgeons (Indian Section), 2012-13. After getting his Postgraduation he has been working as a Faculty in Sher-i-Kashmir Institute of Medical Sciences, Srinagar, Kashmir, India on different posts since 1991. He has been honoured with fellowships from Asso. of Indian Surgeons, International College of Surgeons (IS), Asso. of Colon & Rectal Surgeons of India, Association of Min Access Surgeons of India and American College of Surgeons and some prestigious travelling Fellowships/Professorship in colorectal surgery. He has published about 80 research articles in various national and international journals, authored/co-authored books/chapters and presented about 60 guest lectures/orations in various national and international forums.

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