

3<sup>rd</sup> World Congress on

# Women's Health & Breast Cancer

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## Preservation of Fertility in Breast Cancer Patients in Five Hospitals in Portugal

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The authors propose a presentation which will discuss our experience of preservation of fertility in breast cancer patients in a group of five Hospitals in Portugal. To begin with, the presentation will outline the selection criteria and related ethical questions concerning whether a patient can be referred for preservation of fertility. From here, the discussion will move on to cover the different techniques which we employ in our clinical practice, as well as the optimal timings for each. This will also raise questions of coordination between different Hospitals and Centers. Following this, the presentation will focus on our experience in this area, including the complications that we have encountered in both coordination and clinical practice. We will then highlight the importance of using clinical trials, the oncological register and expert opinion in order to best advice patients who wish to proceed with a pregnancy, before concluding with a discussion of the ethical implications of genetic counseling.

### Biography

Vasco Carvalho Lourenço da Fonseca is 42 years old and has been practicing medicine for 16 years, following a family tradition of medical doctors. He is currently an oncologist. Throughout his career, he has had the privilege to work on various health reference units, as well as in a renewed research center. He is married and the father of 4 children. He was a high competition athlete in equestrian sports. His interest in his community and in societal issues, led him to integrate the list that is currently in functions at Câmara Municipal de Lisboa (City hall). Currently working as Hospital Assistant on Medical Oncology at the Oncology unit of the "Centro Hospitalar de Lisboa Ocidental" (located at the hospital "São Francisco Xavier"), highlighting his involvement on Breast cancer.

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