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Adults' choledochal cyst, diagnostic and therapeutic challenges: A case report and literature review

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Choledochal cysts are considered rare congenital anomalies that are even more rare and difficult to diagnose in adults. A 15 year old female presenting to our institute with upper GI bleeding and co-incidental finding of duodenal mass which was found to be type III choledochal cyst. Type I and IV choledochal cyst are managed surgically with excision and Roux-en-Y hepaticojejunostomy. Type II cysts managed by simple excision. Type III cysts management depends on symptoms, managed with sphincterotomy, endoscopic or surgical resection. Type V cysts due to their difficult course of management eventually require liver transplantation. This review addresses types, incidence, diagnosis and management of choledochal cysts with focus on adults' population.

Biography

Alya Talib Alblooshi is currently a Surgical Resident at Tawam Cancer Center, UAE.

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