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Review of hot topics and popular diets in cancer nutrition

Jean La Mantia MediSeen, Canada

Nurses, physicians and allied health professionals are fielding questions about nutrition and popular diets daily. The author discusses the evidence behind the most popular questions such as does sugar feed cancer? Should I use coconut oil? Should I follow the alkaline/paleo/gluten free diet for my cancer? For each of the diets you will learn, the strengths, the concerns and how to address your patient's inquiry in a way that keeps the trust and lines of communication open.

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