

International Conference on

# Euro Oncology, Breast Cancer & Biomarkers

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## Understanding lab results empowers patients



**Lotte Mulder**

*The American Society for Clinical  
Pathology, USA*

The general public is not aware of the role of pathology and does not understand the resources available to them. To address this issue, ASCP created an ambassador program called Patient Champions. This program raises awareness of the medical laboratory in patient care through real-life stories of patients. Patient Champions empower new patients to ask the right questions and understand their diagnoses by sharing their stories. Arming patients with knowledge about the lab will empower and support them when going through health care challenges and struggles. This session provides resource awareness and understanding of the laboratory and how patients can use that knowledge to understand their diagnosis and treatment. This session is a case-based discussion about understanding breast cancer diagnoses and how to empower patients and their caregivers. A Patient Champion and/or representative will be a part of the panel to discuss the impact of pathology and what we can do to improve patient care from the patient's standpoint.

### Biography

Lotte Mulder has completed her Master's Degree from the Harvard Graduate School of Education in 2013, where she focused on leadership and group development. Professionally, she comes from a background in experiential leadership working in Africa, Latin America, Asia, and US. There she has worked to increase leadership skills through cultural immersion, service learning and refugee issues, and cross-cultural interpretation. At ASCP, she directs the ASCP Leadership Institute, and has built ASCP's first patient ambassador program, Patient Champions. This program empowers patients through bringing awareness and understanding of the laboratory. Currently, she is working towards a PhD in Organizational Leadership.

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