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Assessment of knowledge, attitude and practice of breast self-examination among reproductive age females in Altekaina village, July 2018



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Breast Self-Examination (BSE) is a process by which women examine their breasts regularly to detect any abnormal swellings or lumps in order to seek prompt medical attention. It has a role in early detection of the cancer. Moreover, it is convenient and cheap compared with the other screening methods. This descriptive cross sectional study was conducted to determine knowledge, attitude and practice towards BSE among reproductive age female in altekaina village, in which 384 reproductive age females (18-45 years old) in altekaina were participated. An interviewing questionnaire was used for data collection. The respondents in this study showed they had poor knowledge on BSE 40.1% the practice of BSE, this study has shown that only 19% of respondents practiced BSE. 84.6% claimed to practice BSE only rarely with regard to knowing the right technique of BSE only fewest number, 18% known the right technique. Regarding attitude towards BSE, the result of our study revealed that 66% of the respondents had positive attitude towards BSE about 4.5% respondents reported that the BSE was embarrassing to them. The relation between age and excellent levels of knowledge (total 151) found among the age range (18-25) were 40 females. With regard to respondents' knowledge of definition of BSE according to educational level, excellent levels of knowledge detected among university students were (51) from 120 total of excellent levels of knowledge. The finding showed that the knowledge and practice of BSE was inadequate among a reproductive age woman in altekaina village and they need more educational programs about BSE.

Biography

Wafaa B Ali Mohammed is medical student in University of Bahri. She is pursuing to get the degree of MBBS.

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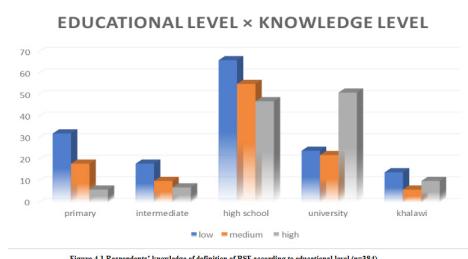


Figure 4.1 Respondents' knowledge of definition of BSE according to educational level (n=384)



Figure 4.2 Respondents' performance of BSE (n=384)

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