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## Breast cancer and early detection: Experience from Eastern Province, Saudi Cancer Foundation



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Breast cancer is a leading cause of death amongst women worldwide. Advanced diagnostic techniques may reduce the mortality rate due to breast cancer. Mammography ensures early diagnosis and a better chance for treatment and recovery from breast cancer. Moreover, according to latest release of Saudi Cancer Registry still breast cancer is the most common cancer to affect women with higher rates at eastern province. This requires public education and awareness and outreach for rural areas. Saudi Cancer Foundation is performing non-governmental screening for early detection of breast cancer by three mobile mammogram units and additional one unit at May Al Jaber Cancer Detection Center. The Saudi Cancer Foundation is playing a leading role at eastern province to reach and educate women by organizing different many campaigns titled by Pink Eastern Campaign for early detection, in addition to continuous public education at malls, schools targeting females educating about breast self-examination and screening facilities, the aim is to avoid discovering late disease.

### **Biography**

Eman Almohawes is consultant diagnostic radiology and women's imaging, Head of medical imaging department at Security Forces Hospital, Dammam, Saudi Arabia. As one of the leading figures advocating for early detection and screening of breast cancer for women in Saudi Arabia Eastern province at Saudi Cancer Foundation, she was the honorary chairperson of the early detection breast cancer campaign 2017 till present organized at May Al Jaber Cancer Detection Center. Founder of breast cancer screening program at Security Forces Hospital, Dammam established in 2017. Honored for participating and valuable contribution as organizer and speaker in the success of women health and imaging conferences as well as cancer conferences. Honored by Saudi Minister of Health Dr. Tawfeeq AlRabiya for the volunteer participation and work in breast screening at Saudi Cancer Foundation on international volunteer day 5th / Dec/2017. Member of European Society of Breast Imaging 2018 (EUSOBI).

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