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Multiple level transpedicular fixation of lumbar spine with PLIF, TLIF, OLIF and ALIF 360 fusions and fixation improve the mobility and general activity and full recovery for thoracolumbar and sacral degenerative spine**Muhammad Qazafi**

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The author for this technical report to establish the feasibility of performing the multi levels transpedicular fixation of lumbar spine with Posterior Lumbar Interbody Fusion (PLIF), Transforaminal Lumbar Interbody Fusion (TLIF), Oblique Lumbar Interbody fusion (OLIF) and Anterior Lumbar Interbody Fusion (ALIF) 360 fusion and fixation improve the mobilizing and general activity and full recovery thoracolumbar and sacral degenerative spine disease. First few cases cervical spondylotic degenerative multiple disc disease and with severe bilateral sciatica, mechanical pain, radiculopathy and spondylolisthesis at lumbosacral area then have done four level fixations with PLIF and TLIF. Second few cases: Lumbar spondylolisthesis degenerative multiple disc disease, spinal stenosis and lumbosacral spondylolisthesis at lumbosacral area with bilateral sciatica and mechanical pain, radiculopathy and then has done five level fixations from L2 to S1 transpedicular fixation with TLIF, PLIF and OLIF. Third case: Lumbar spondylotic degenerative multiple disc disease and spinal stenosis at multiple level and lumbosacral spondylolisthesis at more than one level with bilateral sciatica and mechanical pain, radiculopathy and then has done six level fixations from L1 to S1 Level transpedicular fixation with TLIF, PLIF and OLIF. Fourth few cases: With thoracolumbar spondylotic degenerative multiple disc disease and spinal stenosis and lumbar spondylolisthesis at more than two levels with bilateral sciatica and mechanical pain and radiculopathy and has done D11 to L4 fixation.

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